

# Talk About Frederick

[www.talkaboutfrederick.com](http://www.talkaboutfrederick.com)

# November 2015



## Upcoming Events Downtown Frederick Nov-Dec 2015

For more details about the upcoming events go to the websites for the Downtown Partnership, Celebrate Frederick, or the Tourism calendar.

- **First Saturday** November 7 and Holiday Open House December 5, 3:00 PM – 9:00 PM
- **Ghost Tours of Historic Frederick** starts Nov 6, 7, 14, 21, 28 • 7:15 PM – 9:15 PM 124 N. Market St
- **Veteran's Day Concert** Nov 7 • 7:30 PM, 24 E Church St Museum of Frederick County History
- **City Club Social Series Downtown Do Si Do** Nov 8 • 3 PM – 5:30 PM. • The Temple 22 W Church St
- **US Air Force Concert Band** Nov 10 • 7:30 PM – 9:30 PM Weinberg Center FREE
- **Frosty Friday** Nov 27 • 9:00 AM – 9:00 PM Downtown
- **Weinberg Winterfest** Nov 28 • 4:00 PM
- **Holiday Art Competition** Dec 2 • 5:30 – 7:00 PM
- **Candlelight House Tour** Dec 5 • 5:00 – 9:00 PM, Dec 6 • Noon – 4:00 PM Tickets required
- **Kris Kringle Procession** Dec 11 • 6:30 PM Downtown
- **Museums By Candlelight** Dec 12 • 12:00 PM – 7:00 PM Start at the Frederick Visitor Center 151 S East St.

## Frederick County Housing Sept 2015

Frederick ZIP code 21701 for downtown and surrounding areas showed a 17% increase in the total September 2015 homes sold over 2014 sales but a 4% drop in the average sales price.



## Roasted Sweet Potato Quiche

Recipe and photo from [spicysouthernkitchen.com](http://spicysouthernkitchen.com)

### Ingredients

- 3 cups (1/2-inch cubed) sweet potatoes, about 2 medium peeled
- 1 cup chopped sweet onion
- 2 TBLsp olive oil
- 1/2 tsp seasoned pepper
- 1/4 tsp kosher salt
- 6 slices bacon cooked and crumbled
- 1 refrigerated pie crust
- 2 cups (8oz.) shredded Gruyere cheese
- 1 1/2 cups half-and-half
- 4 large eggs
- 2 TBLsp chopped fresh parsley
- 1 tsp chopped fresh rosemary
- 1/2 tsp kosher salt
- 1/4 tsp pepper

### Directions

1. Preheat oven to 425°. In a medium bowl, toss sweet potatoes, onion, olive oil, seasoned pepper and 1/4 tsp salt. Spread in a single layer on a lightly pan. Bake 15 minutes, or until potatoes are tender. Stir halfway through. They will soften when the quiche is baking.
2. Let sweet potatoes cool to room temperature.
3. Remove pie crust from refrigerator and let sit on the counter for 5 minutes. Unroll the piecrust and fit into a pie plate. Trim excess pie crust from edges or fold excess and tuck it under. If tart pan has fluted edges, press the pie crust into the edges.
4. Line piecrust with a double layer of heavy duty aluminum foil. You can place pie weights or dried beans on top, but I found that a double thickness of heavy duty foil will keep the pie crust from puffing up while baking.
5. Place on baking sheet & bake for 10 minutes. Remove foil and bake 5 more minutes. Cool crust 5-10 minutes.
6. Reduce oven temperature to 350 degrees.
7. Add crumbled bacon to sweet potatoes and onions and place half of this mixture on top of piecrust. Top with half of cheese. Repeat layers.
8. Whisk together half-and-half, eggs, parsley, rosemary, salt and pepper and pour into piecrust. Bake in lower part of oven for 35 to 40 minutes or until set. Cool for 15 minutes before slicing.



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## Get Your Garden Ready for Winter

Getting your garden ready for winter mostly means cleaning up. Pull the dead annuals from the garden, trim back rose bushes and shrubs. Trim perennials where needed. It's also a good time to repair fences, structures and outdoor furniture. Remove old mulch from around roses that may harbor insect eggs or spores from fallen leaves and apply new mulch to protect the stems and roots.

## Keep the Spirit of Thanksgiving Alive Year-Round

The month of November evokes notions of gratefulness and abundance. Gratitude can be a way of life that can boost your immune system, contribute to overall happiness, and improve your personal and professional relationships. Some tips include:

1. Write a few things for which you are thankful daily. Be specific, and focus on the ordinary, everyday life.
2. Reflect on obstacles you have overcome and difficult times through which you have persevered, taking the opportunity to appreciate how your life has since improved. Let go of past hurts that still haunt you, you will free yourself to welcome future happiness.
3. Live in the moment, without dwelling on the past or worrying about the future. Savor ordinary experiences and try to view them as opportunities for growth.
4. Most people are adept at displaying to the world their best aspects while concealing the negative. By comparing the negative aspects of your life to the positive aspects of others' lives, you are allowing a skewed perception of reality to harm your happiness and sense of self-worth.

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*Happy Thanksgiving!*



## Selling Your Home During the Holidays

Contrary to popular belief, sellers in the real estate market during the holiday season may enjoy several advantages. With so many realtors and homeowners clinging to the assumption that it is not worthwhile to list until January, buyers will have a smaller selection of properties from which to choose. Less competition increases the likelihood that a particular home on the market will garner an offer.

When more properties flood the market after New Year, this advantage will disappear. Furthermore, buyers who are taking time off from their holiday activities to search for a home are more likely to be serious about moving as soon as possible. Therefore, while homes on the market during the holidays will attract fewer potential buyers, the showings that they have may be more likely to yield an offer. Here are some tips to help you secure a sale without sacrificing the festive spirit.

- Decorations should accent – but not overwhelm – your property excessive decorations are distracting.

- Remember that your home is the centerpiece, so any decorations should merely complement the property rather than dominate buyers' focus.
- Consider putting away pieces that are overtly religious, as they may cause buyers of other faiths to feel uncomfortable.
- Keep the interior charming and bright
- Consider placing a few flameless candles around your home for a cozy look.
- Bake cookies in advance of a showing so that an inviting aroma lingers.
- Stay on top of yard maintenance, clean up fallen leaves and ensure that driveways and walkways are free of ice and snow.
- Showcase how your home looks in other seasons. Provide photos from all seasons in your listing materials or in a photo album or slideshow that you have available when buyers come to view the property.

